Dereham Neatherd High School
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2nd March 2026

Dear Parent/Carer,

PE Uniform

As we move into the second half of this academic year and hopefully into more favourable weather, I would like to take the opportunity to encourage you to assist your child in making the appropriate equipment checks for the school day and in particular their PE kit. As I have mentioned to pupils on many occasions it is important for them to protect themselves from the colder weather that we experience sometimes, so we encourage the use of hats, gloves and plenty of layers as we approach the year 11 mock exams (starting Monday 9th March) where we will lose the use of our indoor facilities.

I would like to outline to you the following PE policies that are in place to allow the lessons to run as smoothly as possible, these are in place for pupil safety and comfort, therefore sanctions are in place for disregarding these policies.

- Pupils who are ill or injured must have a note from parents or guardians in their planner for the day of the lesson.
- Pupils are required to have and change into PE kit for every lesson, regardless of whether they are taking part or ill/injured (unless physically unable to e.g. broken leg/arm). They still have a role to play in the lesson and weather may make wearing uniform for the rest of the day uncomfortable.
- Pupils who forget their kit will be given spare kit to wear, this kit is washed after every use.
- Pupils who forget kit will be given a warning for the first offence, the second time is a teacher conversation led by the teacher at breaktimes and any further offences are subject to lunchtime school detentions, this is reset at the end of every term. Pupils who refuse to wear school spare kit are given an SLT detention for refusing to change and contact home will be made by the teacher.
- Pupils are required to remove all jewellery for their PE lessons, this includes watches, rings, bracelets, necklaces and earrings (these can be covered by tape). Long hair must be tied back with a hair tie (which is a part of their PE kit requirements).

I hope this clarifies the PE departments policies to you and helps with the comfort of your child as we lead into the summer months. I would like to take this time to thank you for your continued support.

Kind regards,

Mr C Barron
Head of PE

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