



# World Water Use

## Water Facts

- 💧 **Two thirds** of our planet is covered by water.
- 💧 **97.5%** of the water is saltwater.
- 💧 **66%** of the human body is made up of water
- 💧 We should drink at least **1½ litres** of water a day.
- 💧 At just **2%** dehydration your performance decreases by around **20%**.
- 💧 **80%** of illnesses in developing countries is caused by water related diseases.
- 💧 The number of people with access to clean water has **doubled** in the last 20 years.
- 💧 **1.1 billion** people in the world still do not have access to safe water. This is nearly **20%** of the population.
- 💧 The UN estimates that by 2025, **75%** of the world population **won't** have reliable, clean water.



## How to save water

- 💧 An average bath uses 80 litres, an average shower only uses 35 litres.
- 💧 Don't leave the tap running when you clean your teeth.
- 💧 Put a water bottle filled with water in your cistern to save water each time you flush the toilet.
- 💧 Collect rain water in a water butt to water your garden.
- 💧 Wash your car less often.



## How much water do you use?

Bath - 80 litres  
Shower - 35 litres  
Cleaning teeth – 2 litres  
flushing toilet – 9.5 litres  
Cooking pan – 1 litre

Cup or glass – 0.25 litre  
Washing up bowl – 6 litres  
Dishwasher – 55 litres  
Washing machine – 120 litres  
Garden hose – 10 litres per minute